



Coming Home

Embracing the Soul's Longing

Family Constellations Training
Sept 2015–Jan 2017



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8x5 day Modules
(250 hours plus approx 100 hours self-directed learning)

Background

Founded by Bert Hellinger about 30 years ago, constellation work has rapidly spread across the world and gained a reputation as a controversial, powerful, potentially transformative approach to working with many different kinds of difficulties, not only in families but within organisations, nature, politics, health and other areas. This training places a strong emphasis on family constellations as the starting point for most other difficulties, but also offers participants a chance to taste organisational, nature constellations and experience with illness as representing something or someone important in the family system.

Overview

The training offered will give participants a solid grounding in family constellation work with plenty of opportunity for personal work and experience as a representative.

It is hoped that by the end of the training participants will have gained:

- In-depth experience and understanding of the impact of their ancestral history on their personal journey and family relationships.
- Experience and understanding of the philosophical stance of constellation work and what we mean by systemic consciousness and field phenomena.
- A full grasp of the evolution of constellation work from its origins as traditional Family Constellations through Movements of the Soul, Movements of the Spirit Mind, Spiritual Constellations.
- Experience and understanding of its application in areas such as: nature, organisations and illness.
- Experience and understanding of the underlying orders, the use of sentences and representative perception.
- Experience and understanding of the importance of bodily awareness as our guiding principle for the work.
- Experience and understanding of what it means to be present as a facilitator and to work phenomenologically.
- An appreciation of the value of ritual and its purpose within constellation work.
- Experience and understanding of working with and through trauma.
- Experience and understanding of the interrupted reaching out movement.



Eligibility

Eligibility for the training is open to anyone who has completed 2 constellation workshops or the equivalent number of hours (24) and written a 1000 word synopsis as part of their application. (Some applicants may be required to attend a pre-training interview).

Accreditation

At the current time the training is not accredited.

Requirements for Certification

- One meeting (3 hours) in a triad between each module
- One meeting (6 hours) in a group of 6 between every alternate module
- Completion of two essays each of approx 3,000 words:
 - one by beg of Module 4 (21 April 2016)
 - one by beg of Module 7 (16 Nov 2016)
- Attendance at two tutorials:
 - April 2016
 - Nov 2016
- Full attendance at the training

Cost

One-off payment (inc deposit) by beg Sept 2015.....£3,000
or

Initial non-refundable deposit of £275 by beg Sept 2015 plus £275 per month for 12 months (by standing order)£3,575

Please note:

- All payments must be completed by the end of the first year of the training (Sept 2016).
- No fees will be refunded after the end of the first module.
- The full cost for the residential (food and accommodation) is included in the training.
- Travel costs will be at your own expense.
- Payment contracts will be supplied on enrolment.

Venue

East Woodlands Village Hall, East Woodlands, nr. Frome, Somerset BA11 5LQ

Enquiries: Maz Brown:
cominghomeconstellations@gmail.com

Daily Format

Thursday–Sunday 9:30–5:30
Monday 9:30–3:00

Mornings: theory presentation, discussion, exercises, focused constellations

Afternoons: Personal constellations facilitated by Barbara for the first half of the training and by trainees with live supervision and teaching for the second half.

Barbara will be working with a team of apprentices who will be full participants in the training group.



Detailed Programme

Module 1:

10–14 Sept 2015

Overview of Training

- Building the Holding Group, forming triads, creating a safe, container for the work
- Understanding the underlying philosophy of constellation work
- Understanding and working with systemic consciousness and field phenomena
- Understanding the history and philosophical stance of constellation work

Module 2:

26–30 Nov 2015

Methodology

- The Orders
- Use of sentences
- Representative perception
- Ritual
- Feelings

Module 3:

21–25 Jan 2016

Becoming a Facilitator

- Presence: Bodily awareness and containment
- Working phenomenologically
- Ego and Superego (inner judge)
- What do we mean by soul?

Module 4 (residential):

21–25 April 2016

Trauma and the interrupted reaching out movement

- Examining different approaches to working with trauma
- Recognising and working with trauma and its effects
- Re-traumatisation
- The interrupted reaching out movement

Module 5:

7–11 July 2016

Organisational Constellations with Ty Francis

7–8 July Supervised Facilitation Practice

9–11 July Organisational Constellations

Module 6:

15–19 Sept 2016

Nature Constellations with Zita Cox

15–16 Sept Supervised Facilitation Practice

17–19 Sept Nature Constellations with Zita Cox

Module 7:

17–21 Nov 2016

Working with Illness with Stephan Hausner

17–18 Nov Supervised Facilitation Practice

19–21 Nov Working with Illness

Module 8:

26–30 Jan 2017

Completion

- Self, peer, trainer review
- Consolidation, completion and next steps



Trainers

Barbara Morgan



Barbara Morgan

Originally trained as a Gestalt Psychotherapist, Barbara has been working with constellations since 1997, one year after the Founder, Bert Hellinger first came to England. Her experience of the work has been personally transformative and as best she can, Barbara 'walks her talk'. She sees family constellations as a way of life and her pursuit of 'truth' as far as that is ever possible, leads to a deep commitment to the work she does. Second only to family, it is her guiding passion. She has a firm belief in personal development as the prime aspect of any training. At the same time she thinks it is important that any facilitator be familiar with the history, the underlying philosophical and theoretical stance of the work, the variety of different approaches and the experience of being a representative in constellations.

Her role as Editor since 2004 of the international constellations journal, The Knowing Field has given her access to the latest developments in the work worldwide. Recent author of Coming Home: A First step into the world of Family Constellations, workshop facilitator, supervisor and individual consultant, Barbara has built up a wide repertoire of experience in the work.

For many years Barbara worked with apprentices. In 2010 she began offering training in Romania and in 2013 she offered her first training here in the UK.

Also a firm believer in our own ongoing personal development at any level, Barbara has regular supervision and continues to attend an annual 7 day international intensive in South Germany.

theknowingfield@gmail.com
cominghomeconstellations@gmail.com

www.cominghome.org.uk
www.theknowingfield.com (under re-construction)

Ty Francis



Ty Francis

Dr. Ty Francis is an organisational consultant and coach who works internationally with global corporations integrating constellations within his consulting practice as well as holding open workshops and training programmes. Ty is particularly interested in working with people at the interface of organisational and personal development issues. He co-organised the UK's first international conference in 2005 and has published several articles on organisational constellations in international journals.

ty.francis@meus.co
www.meus.co

Zita Cox



Zita Cox

Zita Cox (MBACP Accred; MSc; BAHons.; Dip.Counselling; DipH; EMDR Europe Accredited Practitioner) is an experienced facilitator of Constellations. She trained in family systems constellations with Albrecht Mahr in 2000. Zita has facilitated environmental constellations in Europe, California and New Zealand. She has presented environmental constellation workshops at over twenty conferences. She contributed a chapter entitled: A Different kind of Field Trip to the first book on Nature Constellations: Returning to Membership in Earth Community: Systemic Constellations with Nature edited by Francesca Mason Boring and Kenneth Edwin Sloan and published in the USA in 2013.

zita@zitacox.com

www.environmentalconstellations.com

Stephan Hausner



Stephan Hausner

Born in 1963, Stephan has been working since 1988 as a healer in private practice with a focus on homeopathy, medical dowsing, osteopathy and kinesiology. He combined his training in family constellations from Bert Hellinger with various approaches to humanistic psychotherapy. For the past 17 years, Stephan has taught and led workshops at various schools and institutes in more than 40 countries on 5 continents, focusing on the application of systemic work for ill patients. Since 2007, he has facilitated systemic constellations for patients with psychosomatic conditions and also provides training for the medical staff. Stephan is the author of the German language book: Auch wenn es mich das Leben kostet (Even if it costs me my Life) published by Carl-Auer-Systeme Verlag and translated into ten languages. The English version is published by GestaltPress and is available through Amazon. Stephan lives in Siegsdorf, Germany with his wife and six children.

stephan.hausner@web.de

www.stephan-hausner.de





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Family Constellations Training Sept 2015–Jan 2017

Application Form

Name

Postal Address

Email address

Home telephone number

Mobile

Payment Method (tick as appropriate):

- One-off Payment of £3,000 (by beg Sept 2015)
- Non-returnable deposit of £275 plus 12 monthly payments of £275 to be completed by Sept 2016.

I attach my 1,000 word synopsis (brief summary of family history) and hereby confirm my wish to apply for the Coming Home constellations training beginning in Sept 2015

Signature

Date

Please send this form together with your synopsis to:
Barbara Morgan at 14 Rowan Court, Frome, BA11 2SJ

Enquiries: cominghomeconstellations@gmail.com